

SELF-EXPLORATION WORKBOOK

Do the Online
Self-Exploration
Questionnaire
&
Research Careers



Date:

Full Name:

Contact Number:

E-mail:

School:



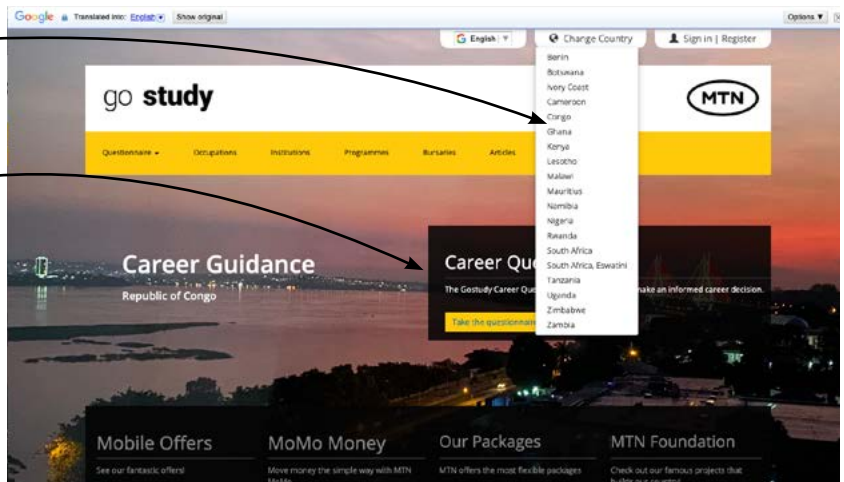
SELF-EXPLORATION QUESTIONNAIRE

COMPLETE THE ONLINE QUESTIONNAIRE on www.gostudy.net:

STEP 1: Choose your country from drop down

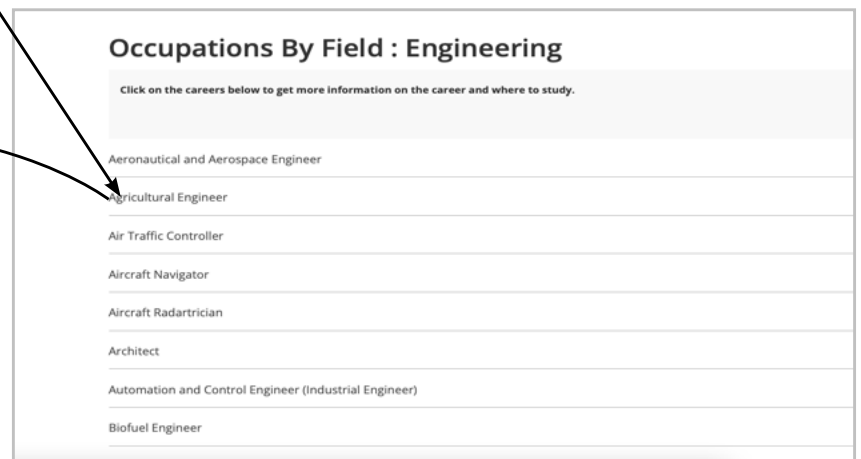
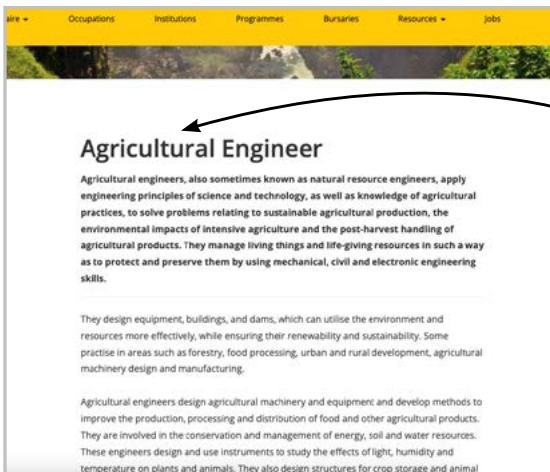
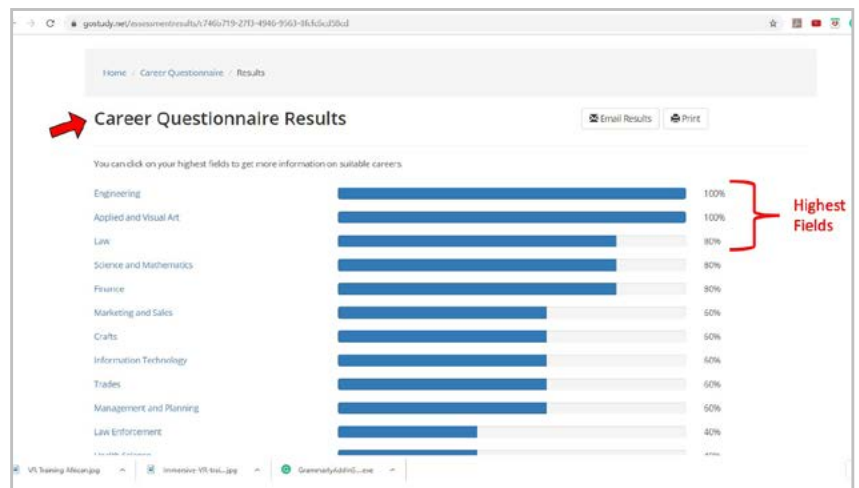
STEP 2: Click on QUESTIONNAIRE

STEP 3: Complete the QUESTIONNAIRE

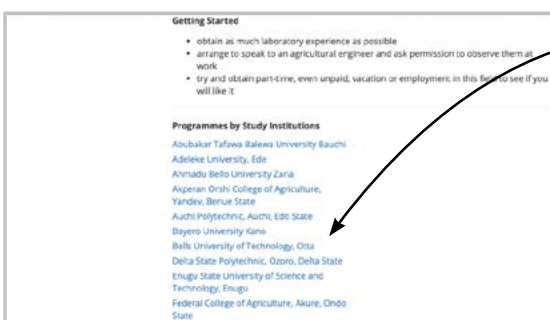


STEP 4: Identify your 3 highest FIELDS and email the results to your email address

STEP 5: Click on CAREERS that you like to get more information

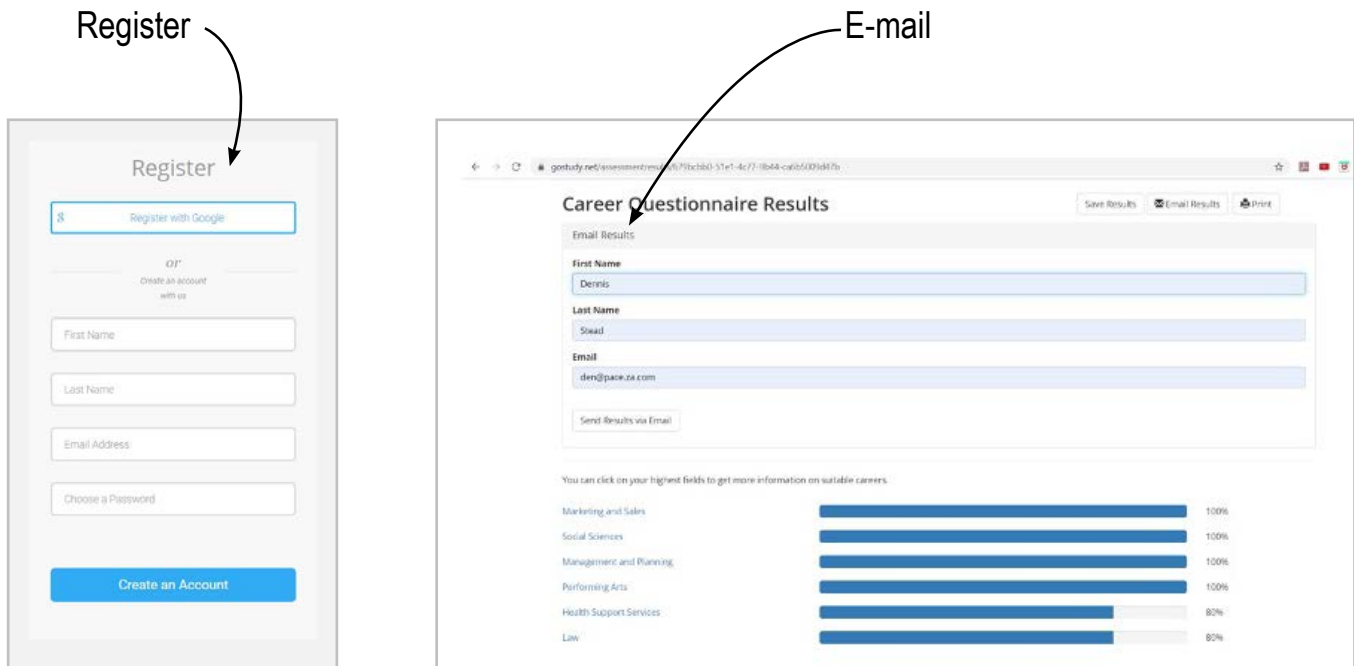


STEP 6: Read through the careers and related Study Institutions and Programmes



SAVE, E-MAIL AND PRINT YOUR RESULTS:

Please Register to create an account in order to save, email or print your results:



RESEARCH CAREER FIELDS:

After doing the Self-Exploration Questionnaire which Fields did you score highest in? Write down the name of your 3 highest fields below. For each Field, identify 1 careers that you liked.

My 3 best fields are:

CAREER FIELD YOU SCORED HIGHEST IN OR LIKE MOST!	CAREERS I LIKE IN THIS FIELD CHOOSE 1 CAREER PER CAREER FIELD
1	
2	
3	

RESEARCH CAREER:

Choose ONE career that you like the most and complete the form below:

CAREER

1. Career Name: _____

1.1. What will I do in this career? _____

1.2. What tools or equipment will I use? _____

1.3. Work Environment – tick (✓) in the relevant blocks.

- Work outdoors
- Work indoors
- Work in an office
- Work in a laboratory
- Work in a classroom
- Work in consulting rooms

1.4. What are the personality requirements? _____

1.5. What are the subjects I need to take at school?

Compulsory Subjects	Recommended Subjects

1.6. Where can I study this career? Tick (✓) in the relevant block(s).

- University
- University of Technology/Polytech
- Vocational College
- Private College
- Other

1.7. Who are the possible employers for this career?

1.8. Name careers that are related or similar to this career.

1.9. What can I do to get started? (Make a list of things to do and people to contact)

ACTION PLAN: Complete the plan below, use the following questions as a guide:

1. What is your career goal?

Study Get a Job Change Jobs Start a Business Other

2. If you choose to **Study** consider the following:

- At which institution do you plan to study?
- Do you meet the entry requirements ?
- What level do you plan to complete, eg Certificate; Diploma; Degree; Honours; Masters or PhD?
- How are you going to finance your studies?

Family Scholarship Bursary Study loan Other

3. If you plan to **Get a Job; Change Jobs; Start a Business or Other**, adjust your action plan in order to achieve your goal.

EXAMPLE of an Action Plan for Study

Goal	Action	Due Date	Completed
<i>I want to become a Geologist</i>	<i>Check requirements for BSc at University C in Maths B in Physical Science</i>	<i>Use June Matric marks</i>	<i>✓</i>
	<i>Apply to University</i>	<i>30 Sept</i>	
	<i>Study to BSc Honours level</i>		
	<i>Bursary and Student Loan</i>	<i>Apply for study loan</i>	

YOUR ACTION PLAN

Goal	Action	Due Date	Completed